



ABSIA INTERNATIONAL

The Association for Biosafety and Biosecurity

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04. Battling Professional Burnout by Taking Control of Your Biosafety Career

A distance learning opportunity

April 5 and 12, 2024

12:00 – 2:30 PM (CST)

Professional “burnout” arises from constant exposure to emotional and interpersonal stress and has been defined by the psychological community as exhibiting dimensions of exhaustion, cynicism, and inefficacy. While traditional means of addressing burnout include interventions such as rest, proper diet, and techniques for relaxation, an emerging body of knowledge is also identifying positive engagement as a promising option for consideration. The dimensions of engagement include renewed dedication, absorption, and vigor. In other words, reframing the way individuals approach their work and establishing strategies for gaining control of their careers can be a powerful means of addressing burnout. In this presentation, four practicing and credentialed biosafety professionals will share their collective experiences on how enhanced control over and a better understanding of the role of biosafety’s role can lead to a more professionally rewarding career. Engagement strategies and examples of the techniques that have been used to achieve these goals will be described, and ample time will be allocated for questions and discussion.

This webinar will be two, 2.5-hour sessions on Friday, April 5, and April 12, 2024, at 12:00 pm (CST). For the webinar session, you should plan on logging in 15 minutes prior to the start time. You are required to attend the webinar session, complete and/or access all the modules in the course on the training site to receive the completion certificate through the ABSIA International Training Site. The link in the invitation will be unique to the user and cannot be shared.

Upon completion of this webinar, participants will be able to:

- Identify how “professional burnout” is manifested and its causes
- Discuss how “engagement” can be one means of addressing burnout
- Provide examples of how biosafety professionals can improve their “engagement” through establishing a better understanding of the role of biosafety programs within an organization, professional development, and improved communications

The webinar will be presented by the following subject matter experts:

Robert Emery, DrPH, CBSP(ABSIA), University of Texas Health Science Center—Houston, Houston, TX
Scott Patlovich, DrPH, CBSP(ABSIA), University of Texas Health Science Center—Houston, Houston, TX
Kristen King, DrPH, CBSP(ABSIA), University of Texas Health Science Center—Houston, Houston, TX
Zack Becker, MPH, CBSP(ABSIA), University of Texas Health Science Center at Houston, Houston, TX

WHO SHOULD ATTEND

- All members of the profession

COURSE FEES

___ ABSA Members	\$225.00 USD
___ Nonmembers	\$360.00 USD

To obtain the ABSIA member rate, the participant will need to be an ABSIA member in the year in which the training is offered. Course fees include: course handouts, access to the ABSIA International training site, and 5 hours of an interactive session from a well-respected subject matter experts.

QUESTIONS

Please direct questions about this webinar to:

Kari DeServi, MEd, Director of Education, ABSIA Office, 866.425.1385 (toll free), Email: education@absia.org

*This course has been approved for 0.75 CM points toward RBP/CBSP recertification. *ABSIA International is approved as a provider of continuing education programs in the clinical laboratory sciences by the ASCLS P.A.C.E.® Program. This course is approved for 6.0 P.A.C.E.® contact hours. The links to the various invitations for the course will be unique to the user and cannot be shared. The links are for single, individual use only. If more than one occurrence of an individual’s name is on the Zoom attendee list or a name not of the roster, all instances will be removed from the webinar with no refund. The webinar and its associated links are for single, individual use only.*

Registration Form

04. Battling Professional Burnout by Taking Control of Your Biosafety Career

*Name (First, Middle Initial, Last): _____

Degree(s): Position Title: _____

Affiliation: _____

*Address: _____

*City, State: Country: Zip/Postal Code: _____

*Telephone: _____

*E-mail: _____

(Please provide your preferred email address, which you frequently access)

***Required information**

Payment:

____ ABSA Members \$225.00 USD

____ Nonmembers \$360.00 USD

To obtain the ABSA International member rate, the participant will need to be an ABSA International member in the year in which the training is offered.

Check enclosed (drawn in a US Bank on US funds; made payable to ABSA International)

____ Visa ____ MasterCard ____ American Express

Card Number: _____

Expiration Date: _____ CVV: _____

Name on card: _____

To obtain the ABSA member rate, the participant will need to be an ABSA member in the year in which the training is offered. Confirmed, paid participants will be sent detailed information regarding the course within a few days prior to the course. Substitutions allowed with notice by 3/08/2024. There is a 15% processing fee for cancellations prior to 3/15/2024. Cancellations between 3/15/2024 and 3/22/2024 will be refunded at 50% of the course fee. No refunds after 3/22/2024.

The links to the various invitations for the course will be unique to the user and cannot be shared. The links are for single, individual use only. If more than one occurrence of an individual's name is on the Zoom attendee list or a name not of the roster, all instances will be removed from the webinar with no refund. The webinar and its associated links are for single, individual use only.

Register by phone:

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1200 Allanson Road
Mundelein, IL 60060
Phone: (847)949-1517
E-mail: education@absa.org

or On-line:

<http://www.absa.org/>